



IFI Education Plan

In accordance with WADA Code, Article 18.1 and 2, IFI has established an Education Plan, which is delivered to all National Federations.

The primary goal of this plan is prevention. The intentional or unintentional use by athletes of prohibited substances or prohibited methods should be avoided.

IFI is in an ongoing exchange of ideas and information with other IFs in this regard.

IFI's Education Plan shall supply Athletes and their Entourage with accurate information on the following issues:

- Substances and methods on the Prohibited List
- Anti-doping rule violations
- Consequences of doping
- Doping Control procedures
- Athletes' and Athlete Support Personnel's rights and responsibilities
- TUEs
- Avoiding risks of nutritional supplements, such as methylhexanamin.
- Harm of doping to the spirit of sport
- Relevant whereabouts requirements
- Questions concerning the spirit of sport, such as fairness and courtesy

IFI provides for all its stakeholders (NFs) educational materials in written and electronical form. IFI collaborates in addition to that with different NADOS (NADA Austria, NADA Germany), whose experts lecture on different anti-doping issues within trainings courses.

IFIs website provides for athletes, coaches and the entourage suitable information, that are consistently reviewed. Booklets are given all those prior to attend an IFI – Event.

The educational work of IFI shall promote the spirit of sport in order to establish an environment, that is strongly conducive to doping free sport.

For the IFI Executive Board

Manfred Schäfer, President
Peter Longo, Vice-president

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